



Corvus Consulting

## Buacht ar an Bhealach / Faughs in Focus

Canáir 2009 / January 2009

### Imeachtaí /Forthcoming Events

#### Club Quiz / Trath na gCeist an Chumainn

**Sunday 25<sup>th</sup> January at 8.30pm Sharp in Hunters**

All welcome.

#### Scór Sínsir 2009

The Scór will be held in mid-February. We are entered for the Quiz, traditional music and group ballad section of the Scór. Good Luck to everyone taking part!

#### 2009 Memberships

Memberships are now due. All people who have standing orders with The Friends of Carey Faughs have their annual Club membership covered each year. James Mc Carry will be calling over the next number of weeks to collect memberships from those not covered by the Friends of Carey Faughs. (If anyone would like to become a member of Friends of Carey Faughs they can contact Colm Mc Bride on 07749 112813.)

**For players to be covered by GAA insurance they must be paid up Club members.**

#### Cross & Passion College Sport's Courses

These courses are Free of Charge and there is no need to register. Anyone with an interest is welcome to attend

✱ Tuesday 20<sup>th</sup> January: 7.30 -9.30pm

**“Learning to Train in the GAA”.**

Tutor-Richard Ferris

Venue-CPC Sport's Hall

✱ Monday 2<sup>nd</sup> February 7.30-9.30pm

**“Strength and Conditioning”**

Tutor-Tony Stevenson

Venue-CPC Sport's Hall

✱ Monday 16<sup>th</sup> February 7.30-9.30

**“Mental Toughness in the GAA”**

Tutor-John Morrison

Venue-CPC Assembly Hall

✱ Monday 2<sup>nd</sup> March 7.30-9pm

**“Tackling in Hurling/Camogie**

Tutor-Jim Nelson

Venue-Mc Quillan's

### Tairgí an Chumainn / Club Merchandise

New Carey hurling shirts for sale. Adults @ £35 each (Size large)

Children's @ £25 each (Sizes 5-6; 7-8; 9-10; 10-11;12-13)

Contact Ciarán on 207 61066

### Gleann Seisc /Glenshesk

#### Glenshesk AGM/ Cruinniú Cinn Bliana

The Glenshesk AGM was held last weekend, and saw a great turnout. Thanks to everyone who attended. A new Committee was elected (as outlined below) and we thank them for taking up the various positions in the Club.

<b>Cathaoirleach / Chairman</b>	<i>Gearóid Mag Fhloinn</i>
<b>Leasathaoirleach/ Vice-Chairman</b>	<i>Seán Mc Bride</i>
<b>Rúnaí / Secretary</b>	<i>Pauline Mc Bride</i>
<b>Leasrunaí / Assistant Secretary</b>	<i>Gerry Burns</i>
<b>Císteoir / Treasurer</b>	<i>Jimmy Boylan</i>
<b>Leaschísteoir / Assistant Treasurer</b>	<i>Martin Mc Fetridge</i>
<b>Child Protection Officer</b>	<i>Roisin Mc Bride</i>

✱ U-8 Blitz on Saturday 21<sup>st</sup> February

✱ U-10 matches starting on Saturday 31<sup>st</sup> January

✱ U-12 Indoor matches are up and running

✱ In the U-14 Astro-turf League Glenshesk got off to a good start with a comprehensive win over Tir na nÓg.

### Cúinne na Gaeilge / Irish Language

#### Corner

#### An Aimsir= The weather

Tá sé fluich=It is wet

Tá sé tirim=It is dry

Lá deas atá ann= It is a nice day

Ta sé iontach fuar= It is very cold

Tá sé gaofar=It is windy

**For information on Irish Classes or Irish Medium Education call 028 207 68883**



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www. Careyfaughs.net